

thrive with mentoring. *Our Impact*





MAKING AN IMPACT

AN INVITATION TO PARTNER IN OUR GROWTH STORY

As the Founder of Thrive with Mentoring, I am honoured to share our Impact Document with you.

The journey of Thrive with Mentoring is in a way, my own journey – of growth, courage and confidence. When I set up Thrive with Mentoring in Zurich in December 2017, it was with the vision to build a world where every woman could live an abundant life aligned with her values, gifts and joys.

As a seasoned Leadership Development practitioner, I knew that women-to-women mentoring was the key to unlocking professional and personal growth for both Mentees and Mentors. That was the genesis of Thrive with Mentoring, a non-profit organisation run primarily by volunteers.

I am proud to share that today Thrive with Mentoring is a growing global community of professional women with Cohorts in 16 cities across France, Germany, India, Israel, Kenya, the Netherlands, the UK, the USA, Switzerland and Singapore.

In less than 5 years, Thrive with Mentoring has catalysed over 1400 one-on-one mentoring relationships by launching 36 cohorts on 4 continents. In 2021 alone, our one-on-one mentoring programmes impacted around 400 women and enabled them to progress in their careers amidst the prevailing uncertainty of the pandemic.

In addition, the online skill-building sessions we offer under the Live from Thrive umbrella continue to benefit and inspire thousands of women globally.

At Thrive with Mentoring, courage and belief serves as cornerstones that equip women to boldly navigate challenges in their professional paths and in their personal lives. Our structured mentoring is transformational, and our focus has been to support the mentoring journeys through learner-friendly documentation and various skill-building resources to hone the skills of our Mentors and Mentees. The confidence and pride of our community is evident in the countless testimonials we have received.

As a next step in our development journey, we have now obtained ISMCP Gold Accreditation by EMCC (European Mentoring and Coaching Council). This will further support our community to build stronger mentoring relationships. We will continue to offer our popular foundational mentoring programme, and for those who are committed to getting a professional accreditation, we will offer an additional opportunity to enhance their credentials.

Thrive is poised to expand its footprint and impact even more women with several context-specific women-centric initiatives. As a not-for-profit organisation, we rely on the support of sponsors and donors to keep our plans in momentum and increase our impact in empowering women. As an organisation that believes in community building and diversity & inclusion, we welcome you to partner in our growth story.

This Impact Document offers you a summary of our programmes and results. I personally appeal to you to contribute aligned with your values and priorities as an institution or as an individual. You will find all sponsorship packages at the end of this document.

I request you to please drop me a note at shivangi@thrivewithmentoring.com so that I may personally connect with you and thank you for your generosity.

Shivangi Walke

Founder & CEO,
Thrive with Mentoring





KNOW US

Thrive With Mentoring (TwM), is a growing global community of Mentors and Mentees comprising professional women from different industries and organisations, whose mission is to empower each other to succeed. We are a non-profit organisation founded in Switzerland in December 2017 and we have catalysed growth through one-on-one mentoring relationships and skill building sessions for thousands of women globally.

Built on Belief

Belief is a core value at TwM that has shaped the organisation to be what it is a vibrant global community of accomplished women who support, encourage, and empower each other to succeed professionally and personally.

At TwM, we view mentoring relationships as a collaborative partnership between a Mentor who has extensive knowledge, skills, and experience, and a Mentee who is seeking to grow by making the most of the mentoring relationship.

16+

CITIES

We are currently present in 16+ cities across France, UK, Ireland, India, Germany, Netherlands, Switzerland, USA, Africa, Israel and Singapore.

1400+

ONE-ON-ONE MENTORING

Our ever-growing community has catalysed over 1400 one-on-one mentoring relationships.

40+

COHORTS

We have launched over 36 cohorts in the last 3 years in Europe, Asia, Africa & the USA.



BRING WORLD CLASS

Mentoring to your organisation

More and more corporates are recognising the value of mentoring and consider it paramount to employee engagement and development opportunities. While many companies offer internal programmes, external mentoring collaborations are seen to provide an 'outside in' perspective with a stronger sense of impartiality. This has driven the success of TwM's mentoring programmes across geographies.

TwM goes beyond its global mentoring programmes and offers a diverse array of learning and career management resources, engagements, and platforms. In 2024, TwM will launch an IQA-certified mentor accreditation training programme. This hybrid programme will be available for those organisations who want to accredit their managers with the globally reputed EMCC certification. We will also host our first conference where industry leaders will converge for insightful discussions, networking opportunities, and actionable strategies to propel one's career forward.



One-on-One Mentoring

At the heart of Thrive's purpose to build a global community of empowered women, is its one-on-one mentoring programme that uses a unique online and in person methodology to pair Mentors and Mentees. The strengths of the Mentor are assessed and matched with the needs of a suitable Mentee that results in a mutually beneficial mentoring journey.

The structured 6-month mentoring programme catalyses career advancement for Mentees as they realise their full potential, both professionally and personally, while navigating challenges with support and guidance from the Mentor.

For the Mentor, the programme presents an opportunity to give back while leveraging their knowledge and leadership skills. Mentors also gain from a fresh perspective that the Mentee brings to the mentoring relationship.

During these 6 months, Mentors and Mentees interact with each other at least once a month.

What sets TwM's mentoring programme apart is that it is an initiative for women, by women. It therefore provides a conducive environment for women to engage in an open and constructive manner.

Highlights of the mentoring programme:

- 3 learning events: Launch, Power Networking, Closure
- 2 Mentor and 2 Mentee pulse check calls
- Mentoring skills training and documentation
- 6 mentoring sessions
- Thrive Certificate on successful completion



Going Beyond Mentoring

From a one-on-one mentoring organisation for women, Thrive has evolved to give back in more ways than one over the last few years. The programmes offered ensure that our global community keeps learning, growing, and achieving. They are tailored to meet the needs of women at different stages in their careers. From young Mentees at the threshold of their career to women looking to embark on their entrepreneurship journey, TwM provides the right impetus to power women on their new path.

ONGOING INITIATIVES

THRIVE ANNUAL AWARDS

The Annual Award Ceremony recognises, and celebrates achievers in Thrive's vibrant global community - Mentors, Mentees, Cohort Leaders, Project Leads, all women who have made an impact at Thrive and in the world, in a grand global event. The Annual Awards serve as a motivator to community members who aspire to win the coveted accolades. [Get a glimpse.](#)

MY CAREER

Live online skill development sessions that provide our community guidance to grow in their careers. Sessions enable Thrivers to overcome their career challenges and understand the career management and talent processes across various companies.

MENTORLOGUES

Interactive live online sessions with our star Mentors as they share tried and tested best practices, skills, and more on LinkedIn Live and Zoom.

BOOK: UNSTOPPABLE

A book co-authored by many mentors, mentees, and volunteers to share transformational stories of unstoppable women. The mission is to increase awareness of the impact driven by women-to-women mentoring across all continents. [Order your copy here.](#)

THRIVE ON! QUARTERLY DIGITAL MAGAZINE

Thrive On! is a curated compilation of events, stories, and the latest happenings across Thrive's global community. Apart from keeping Thrivers updated with news from Thrive, the newsletter also includes inspiring stories and the latest from the world of mentoring. [Download past issues.](#)

TAKE THE LEAP PODCAST

Thrive with Mentoring Founder Shivangi Walke explores women's challenges and motivations when taking the leap to pursue their dreams. In each episode, we interview a guest who has taken the leap. [Listen here.](#)

PAST SUCCESSES

PODCAST

Our impactful podcast series featuring "Unstoppable Me," where Founder Shivangi Walke interviews resilient women who've conquered life's challenges, and "Phenomenal Founder Conversations," where trailblazing founders of women-centric initiatives share their impactful stories. These conversations highlight champions of equality, change, and progress.

SHE THRIVES

A 6-months Group Mentoring programme for COVID impacted women in 2020, hosted 15 experts who facilitated themed discussions for specific segments such as loss of job, managing imposter syndrome, suffering from emotional distress, etc.. The subject matter experts framed the conversations and facilitated a group mentoring process, based on proven methodologies to ensure growth in these areas.

THRIVE EXPERT LEARNSHOPS

As an extension of Thrive with Mentoring's mission of women supporting women, Expert Learnshops provided a platform for successful women entrepreneurs to facilitate a learning experience with participants in areas of their expertise. The speakers were business owners with an accumulation of diverse, global experience in specific fields of expertise related to personal and professional development - such as strengths exploration, impactful communication, and career acceleration.

EmpowHER

This six-month inner and outer journey programme was designed to support venture development for early-stage women entrepreneurs and change makers. Expert sessions with established entrepreneurs, a diverse mentor network, peer-to-peer learning, and a supportive community, ensured that EmpowHER catalysed growth for impact-driven women change-makers and honed their entrepreneurship competencies to develop their ventures from idea to start-up.

LIVE FROM THRIVE

Live from Thrive hosted our online community formed during COVID that redefined a new way of working and thriving during times when women needed to be even more resilient. Thrive hosted a series of short Learning Bytes for community members. Through each learning byte, we aimed to leverage a topic that empowered Thrivers to choose positive over negative and thrive instead of just survive - while creating a sense of belonging and community.



FROM OUR MENTORS & MENTEES

"My mentoring journey started off with a 'Vision Statement' that she asked me to define. While we got deeper into conversation, each session was a deep dive into my core values, beliefs, strengths, motivators, challenges. Taking me towards my short term/ long term goals. The way to approach this vision while aligning experiences and reflecting on self is a powerful perspective that she left me with."

"My Mentor not only challenged my approach and thinking but also provided me the right tools, network, and learnings from her own experiences that really made a difference to my mentoring objective. This is by far the best mentoring experience I have ever had, and I am grateful to my mentor for the level of commitment she showed in my success."

"Having a companion in life - even just for 6 months - is a very rare and rewarding gift. If we set a realistic expectation to our relationships and we achieve to leverage that, I call that successful."

"She helped me get a promotion when I didn't believe I was capable of it, especially during a pandemic."



Our Timeline



